

SECOND ANNOUNCEMENT



# 29<sup>th</sup> FEBS Congress

26 June – 1 July 2004  
Warsaw, Poland



*Warsaw – City of Chopin*



Organizers:  
**The Polish Biochemical Society**  
**The Federation of European Biochemical Societies**



# 29<sup>th</sup> *FEBS* Congress

26 June – 1 July 2004

Warsaw, Poland

## PATRONAGE

Aleksander Kwaśniewski – President of the Republic of Poland

## ORGANISERS

The Polish Biochemical Society

The Federation of European Biochemical Societies

## CHAIRPERSON OF THE CONGRESS

Jolanta Barańska

President of the Polish Biochemical Society

## PLENARY LECTURES

1. Datta Lecture (*Opening Lecture*): **Kurt Wüthrich** (*Switzerland*)
2. Sir Hans Krebs Lecture: **Ryszard Gryglewski** (*Poland*)
3. Theodor Bücher Lecture: **Rosario Rizzuto** (*Italy*)
4. EMBO Lecture: **Iain Mattaj** (*Germany*)
5. IUBMB Lecture: **Peter Sonderegger** (*Switzerland*)
6. PABMB Lecture: **Claudina Rodrigues-Pousada** (*Portugal*)

*Dear Colleagues,*

*On behalf of the Scientific and Organizing Committee I am delighted to invite you to the 29<sup>th</sup> Congress of the Federation of European Biochemical Societies which will take place in Warsaw, Poland, June 26 – July 1, 2004.*

*The congress should provide opportunities for exchange of the latest ideas on molecular base of biological processes in a range of areas of biochemistry and molecular biology.*

*An exhaustive scientific programme will include lectures by outstanding researchers in the field and stimulate discussions among research groups.*

*We will also offer an attractive social programme.*

*We hope that you will be able to attend the 29<sup>th</sup> FEBS Congress – we are looking forward to welcoming you in Warsaw,*

*Jolanta Barańska  
President of the Polish Biochemical Society  
Chairperson of the Congress*

## COMMITTEES & ORGANIZERS

### SCIENTIFIC COMMITTEE

Chairman: Włodzimierz Zagórski-Ostoja (Poland) [secretariate@ibb.waw.pl](mailto:secretariate@ibb.waw.pl)

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Jerzy Kościelak (Poland)

Oleg Kristhal (Ukraine)

Jacek Kuźnicki (Poland)

Piotr Laidler (Poland)

Elwira Lisowska (Poland)

Anna Lityńska (Poland)

Andrzej Legocki (Poland)

Jacek Otlewski (Poland)

Krzysztof Palczewski (USA)

Andrzej Piekarowicz (Poland)

Andrzej Płucienniczak (Poland)

Israel Pecht (Israel)

Ewa Sikora (Poland)

Jerzy Silberring (Poland)

Aleksander V. Spirin (Russia)

Stanisław Szala (Poland)

Barbara Tudek (Poland)

Jacques Weil (France)

Aleksander Włodawer (USA)

Lech Wojtczak (Poland)

Piotr Zielenkiewicz (Poland)

Maciej Żylicz (Poland)

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Vice-Chairperson: Liliana Konarska, [konarska@febs2004.pl](mailto:konarska@febs2004.pl)

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Wydawnictwo: Polskie Towarzystwo Biochemiczne

# CONGRESS

## PROGRAM at a GLANCE

	<b>26<sup>th</sup> June</b> Saturday
17 <sup>00</sup>	Opening ceremony
	Opening lecture
	Concert
	Welcoming reception

	<b>27<sup>th</sup> June</b> Sunday	<b>28<sup>th</sup> June</b> Monday	<b>29<sup>th</sup> June</b> Tuesday	<b>30<sup>th</sup> June</b> Wednesday
8 <sup>30</sup> – 9 <sup>30</sup>	Plenary lecture			
9 <sup>30</sup> – 10 <sup>30</sup>	Coffee and visit to posters			
10 <sup>30</sup> – 13 <sup>00</sup>	Parallel Symposia			
	1 – 6	1 – 4 & 6	1-5	1 – 4 & 6
13 <sup>00</sup> – 14 <sup>30</sup>	Lunch		Free afternoon	Lunch
14 <sup>30</sup> – 16 <sup>30</sup>	Parallel Symposia			Parallel Symposia
	1 – 6	1 – 4 & 6		1 – 4 & 6
16 <sup>30</sup> – 17 <sup>00</sup>	Coffee			Coffee
17 <sup>00</sup> – 18 <sup>30</sup>	Poster sessions			Poster sessions

	<b>1<sup>st</sup> July</b> Thursday
8 <sup>30</sup> – 9 <sup>30</sup>	Parallel Symposia 1 – 5
9 <sup>30</sup> – 10 <sup>00</sup>	Coffee
10 <sup>00</sup> – 12 <sup>00</sup>	Parallel Symposia 1 – 5
12 <sup>00</sup> – 12 <sup>30</sup>	Coffee
12 <sup>30</sup> – 13 <sup>30</sup>	Plenary lecture
13 <sup>30</sup>	Closing ceremony

## SYMPOSIA & SESSIONS

### [1] SYMPOSIUM „DNA realm” (coordinated by A. Jerzmanowski)

Session 1-1: „Mutagenesis and DNA repair”

(organised by B. Tudek)

Session 1-2: „Control of gene expression; chromatin and epigenetics”

(organised by A. Jerzmanowski)

Session 1-3: “Comparative genomics and bioinformatics”

(organised by P. Zielenkiewicz)

### [2] SYMPOSIUM „RNA world” (coordinated by J. Barciszewski)

Session 2-1: „mRNA: biogenesis, localisation, translation”

(organised by M.M. Konarska, E. Darzynkiewicz)

Session 2-2: „RNA interference and microRNAs”

(organised by W. Filipowicz, A. Jarmółowski)

Session 2-3: „Ribosome: evolution, structure and function”

(organised by B.F.C. Clark, J. Zakrzewska-Czerwińska)

Session 2-4: „Noncoding RNAs”

(organised by V.A. Erdmann, J. Barciszewski)

Session 2-5: „Ribozymes and therapeutic use of RNA”

(organised by J.E. Celis, W. Zagórski-Ostoją)

### [3] SYMPOSIUM „Proteins and peptides at work” (coordinated by J. Otlewski)

Session 3-1: „Protein structure and function at the atomic level”

(organised by M. Jaskólski)

Session 3-2: „Enzyme structure and function: from bioinformatics to biochemistry”

(organised by J. M. Bujnicki)

Session 3-3: „Macromolecular recognition”

(organised by J. Otlewski)

Session 3-4: „G-protein coupled receptors”

(organised by K. Palczewski)

Session 3-5: „Peptidases in health and disease”

(organised by A. Włodawer)

Session 3-6: „Proteomics”

(organised by J. Silberring)

Session 3-7: „Signalling by the ubiquitin family”

(organised by J. Kuźnicki, S. Jentsch)

Session 3-8: „Cell membrane molecules and cancer progression”

(organised by P. Laidler, A. Lityńska)

### [4] SYMPOSIUM „Cell biochemistry” (coordinated by R. Gryglewski)

Session 4-1: „Cell physiology and lipid signalling”

(organised by S. Angielski, J. Barańska)

Session 4-2: „Biology of glycoconjugates I: structure, metabolism, function and evolution”

(organised by J. Kościelak, E. Lisowska)

- Session 4-3: „Biology of glycoconjugates II: glycoconjugates in human pathology”  
(organised by J. Kościelak, E. Lisowska)
- Session 4-4: „Intracellular ion channels”  
(organised by A. Szewczyk, F. Thevenod, W. Kunz)
- Session 4-5: „Nucleotide receptors”  
(organised by J. Barańska)
- Session 4-6: „Extracellular proteases in brain function and dysfunction”  
(organised by L. Kaczmarek)
- Session 4-7: „PI-3K/Akt signalling in immunity, cancer and neuronal plasticity”  
(organised by B. Kamińska)
- Session 4-8: „Bioenergetics”  
(organised by L. Wojtczak, E. Carafoli)
- Session 4-9: „Membranes: transport and signalling”  
(organised by E. Carafoli, L. Wojtczak)
- Session 4-10: „Mechanisms of endogenous protection in cells”  
(organised by A. Ziegelhoffer)

**[5] SYMPOSIUM „Biosphere and biochemistry” (coordinated by A. Legocki)**

- Session 5-1: „Symbiosis and parasitism”  
(organised by A. Legocki)
- Session 5-2: „Molecular determinants of behaviour”  
(organised by M. Kossut)
- Session 5-3: „Molecular evolution”  
(organised by J. Filipiński)
- Session 5-4: „Human genetic polymorphism and unity”  
(organised by J. Krzyżosiak)
- Session 5-5: „Genotype – phenotype relations with extremophiles”  
(organised by H. Grosjean)

**[6] SYMPOSIUM „Towards a healthier life” (coordinated by A. Koj)**

- Session 6-1: „Aging population”  
(organised by E. Sikora)
- Session 6-2: „Food and health”  
(organised by H. Kostyra)
- Session 6-3: „Bacterial diseases: mechanism and control”  
(organised by P. Ceglowski)
- Session 6-4: „Viruses – threat or service?”  
(organised by A. Piekarowicz)

**SPECIAL SESSIONS**

1. „Problem-based learning: information or skills?”  
(organised by the FEBS Working Group on Teaching Biochemistry)
2. „Lifetime career planning”  
(organised by S. Rogne, Chairperson of the FEBS Working Group on Women in Science)
3. „Science and society: the use of stem cells in research and future medical practice”  
(organised by F. Mayor, Chairperson of the FEBS Science and Society Committee)

## ABSTRACTS SUBMISSION

### (Deadline for submission of Abstracts: *January 31<sup>st</sup>, 2004*)

- Abstracts should be submitted electronically at the Congress website: [www.febs2004.pl](http://www.febs2004.pl).
- Abstracts sent by mail or fax will not be accepted.
- Please do not submit multiple copies of the same abstract.
- **After the deadline** for submission (*January 31<sup>st</sup>, 2004*) there will be no possibility of late submissions.
- Each registered participant is entitled to submit only one abstract as presenting author but may be co-author of more abstracts.
- Only abstracts of authors who have paid registration fees by *February 29<sup>th</sup>, 2004* will be scheduled in the final program and published in the Congress Book of Abstracts.

The Congress Book of Abstracts will be published as the special edition of *The European Journal of Biochemistry (FEBS Journal)*.

### Preparation of Abstracts

Abstracts must be written in English, directly on the abstract submission form available on the website [www.febs2004.pl](http://www.febs2004.pl).

Authors are requested to include personal data, select the scientific topic from the enclosed list of Symposia and Sessions, include keywords and the abstract text.

Please follow the rules strictly, especially regarding to format and symbols used.

The submission rules are available on a web page linked to the [abstract submission form](#).

### Abstract content:

- Title: The title should be in capital lettering and no more than two lines in the top rectangle.
- Name(s)/Institutions: Authors should be listed by family name followed by initials and author's affiliation. Degrees and titles should be omitted.
- Text: The abstract should report on results which have not been published elsewhere and should be both informative and contain clear statement of conclusion. There is space for approximately 300 words (1800 characters). Tables, figures and half tones are not permitted. All abbreviations must be defined before being used as an abbreviation in the text.

The content of the abstract is solely the responsibility of the author(s).

### Invited Speakers

Please note that abstracts for invited presentations must be submitted accordingly to the instructions above, and should be received by the general abstract submission deadline of *January 31<sup>st</sup>, 2004*.



# FELLOWSHIP OPPORTUNITIES

## **1. FEBS 2004 Special Fellowship**

The Organizing Committee will provide financial support under *the FEBS 2004 Special Fellowship* for scientists from the following countries: Armenia, Azerbaijan, Belarus, Bulgaria, Croatia, Georgia, Macedonia, Moldavia, Romania, Russia, Ukraine, and Serbia-Montenegro. Financial support will be sufficient to cover the registration fee and accommodation, as well as a portion of the travel and living expenses. There is no age limit.

## **2. FEBS Forum of Young Scientists**

Young scientists who are accepted for the FEBS Forum of Young Scientists will be also provided with financial support to attend the main FEBS Congress. This will include the registration fee and accommodation costs.

## **3. Fellowships for the Polish Biochemical Society members**

Financial support (fellowships) will also be offered to members of the Polish Biochemical Society to partly cover the registration fee.

**General Note:** *To apply for all of these forms of financial support scientists must present a poster as the first author during the Congress. Details concerning Fellowship application forms will be available on the Organizing Committee website: [www.febs2004.pl](http://www.febs2004.pl)*

# REGISTRATION & HOTEL BOOKING

## Registration fees (€)

Category of participants	Before February 29 <sup>th</sup> , 2004	After February 29 <sup>th</sup> , 2004	On site
Academic	400	500	550
Non academic	590	690	740
Students (*)	180	220	250
FEBS FYS participant	180	180	180
Accompanying Persons	55	70	85
Exhibitors	590	690	740
Lunch package	6.5	6.5	6.5

(\*) Up to 28 years old during time of congress. Document to certify the student status is requested.

## Registration

Please use [www.febs2004.pl](http://www.febs2004.pl) or complete the enclosed Registration Form carefully. The deadline for early registration is **February 29<sup>th</sup>, 2004**. Upon receipt by the "GROMADA" Bureau of this form and the appropriate Conference dues participants will be officially registered and a Confirmation Card will be sent. Please check this Confirmation Card very carefully to see if all items you have requested and paid for have been mentioned.

## Payment

Payment for all service to FEBS 2004 Warsaw can be made in one of the following ways:

### 1. Bank transfer

KREDYT BANK S.A IV O; account number **in euro**: 75-15001777-121770074210-0000;  
**in PLN** (for Polish participants): 03-15001777-121770074063-0000.

### 2. Credit card

**Registration will only be valid and confirmed upon receipt of full payment.**

## CANCELLATION

### 1 – For registration fee:

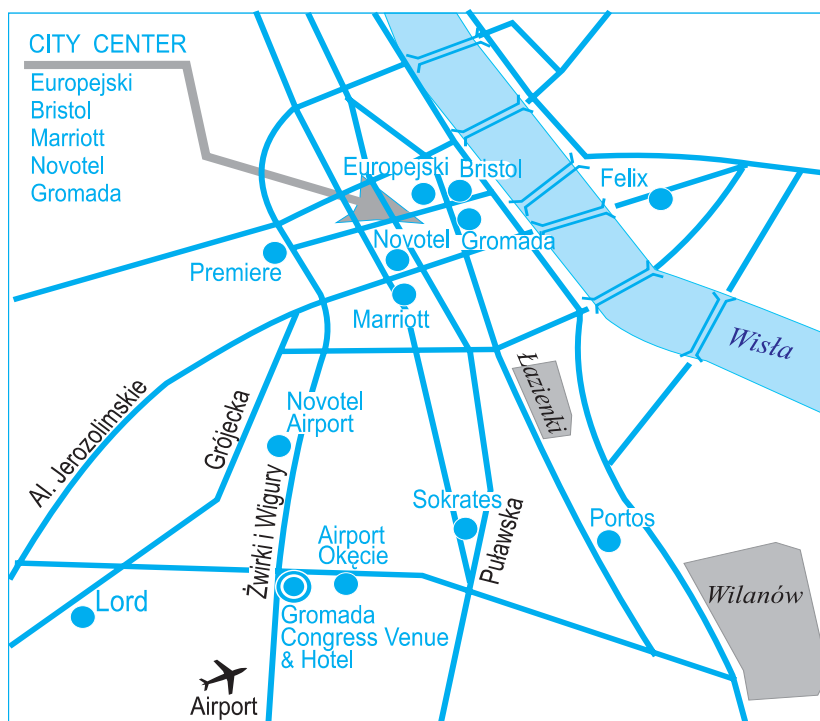
A refund of your registration fee less an administrative charge of 20% of the fee will only be available on condition of written notification of cancellation to the GROMADA prior to **May 15, 2004**. For cancellations received after this date no refunds will be given. Refunds will be made after the Congress.

### 2 – For hotel accommodation:

All hotel cancellations must be made in writing to GROMADA no later than 30 days before the day of arrival. Unless you cancel your reservation following this procedure, the hotel will be entitled to charge you for the first night.

## ACCOMMODATION

Hotel	Category	Location	Single room €	Double room €
Okęcie Airport	***	Near the airport	95	110
Bristol	*****	Historic Center	124	134
Europejski	***	Historic Center	81	90
Felix	**	Northern Warsaw	31	38
Gromada Hotel	***	City Center	72	84
Gromada Hotel - Congress Venue	***	Near the airport	72	84
Lord	***	Near the airport	75	80
Marriott Hotel	*****	City Center	100	120
Novotel Airport	***	Near the airport	75	83
Novotel Center	***	City Center	91	104
Portos	**	Sadyba	27	33
Premiere Classe	*	City Center	46	53
Sokrates	**	Wyścigi	35	50



### CERTIFICATE of ATTENDANCE

Registered participants may obtain a Certificate of Attendance.

## GENERAL INFORMATION

### CONGRESS VENUE

The meeting will take place in the new facilities of the Gromada Conference Centre and Hotel. The building is located at 17 Stycznia Street No 32. Access by bus (175, 188) or by taxi (ph 919).

### CITY of WARSAW

Warsaw is one of Europe's youngest capitals. It became the capital of Poland in the 16<sup>th</sup> century, succeeding the old royal city of Cracow. However, settlements had existed on the city's site since the 10<sup>th</sup> century. In 1655, Warsaw's development was halted when it was sacked during the Swedish invasion. Warsaw experienced its golden age in the 18<sup>th</sup> century, under the reign of King Stanisław August Poniatowski; it was during that time that it was transformed into a modern European city. At the end of the 18<sup>th</sup> century Poland became partitioned by three neighbouring powers – Russia, Prussia, and Austria. Until 1918 Warsaw remained a city under foreign occupation and the seat of the Russian occupying authorities.

After World War One it became the capital of the independent Republic of Poland. Throughout the 20 years until the outbreak of World War Two, Varsovians worked hard to build new urban infrastructure and expand the city, which by 1939 efforts reached a population of over 1.3 million by 1939.

After Poland was attacked by Germany on September 1, 1939, the capital heroically defended itself for almost four weeks. The five years of German occupation that followed plunged the city's people into a life of unceasing terror. The Jewish population was confined to a walled-in ghetto where in 1943 they defied the Nazi holocaust machine in a desperate uprising. On 1 August 1944 the Warsaw Uprising broke out. The underground resistance forces – the Home Army - as well as ordinary citizens battled the Nazi occupiers for 63 days, but this uprising also ended in defeat; the price paid for two months of freedom were the lives of over 200,000 people. The remaining inhabitants were expelled from the city and the Nazis systematically burned and blew up all of the buildings still left standing. A sea of ruins, Warsaw practically ceased to exist. However, after it was liberated by Soviet forces on 17 January 1945, the survivors returned to their city almost immediately and set about the colossal task of rebuilding.

After the war, under communist control, a massive reconstruction programme restored many monuments, palaces, and castles. Unfortunately, only the Old Town was meticulously restored to its original state – the rest of Warsaw's architecture of the post-war period was built in a style heavily influenced by Soviet socialist realism.

Today, Warsaw enchants visitors with its Old Town, the sumptuously restored Royal Castle and the Classicist architecture of the Royal Route, which leads from the Castle to the Royal Łazienki Residence, a Classicist palace and adjoining buildings set in a beautiful park and on to Wilanów, the Baroque palace and garden complex constructed by Jan the Third Sobieski, Poland's 17<sup>th</sup> century great warrior-king.

21<sup>st</sup> century Warsaw is a constantly changing city, with the old monuments, castles, museums and theatres standing side by side with gleaming new office towers, clubs, Polish and international restaurants and new routes and bridges connecting the city over the Vistula River.

Whether at work or at play, the city has much to offer – scientific institutions, ancient monuments and cultural tradition. It is also as the city of Chopin, Poland's greatest composer, whose monument can be admired in the Łazienki Park and whose birthplace, Żelazowa Wola, is just outside the city. More information is available at [www.chopin.pl](http://www.chopin.pl).

For more general information on the city, log on to [www.explorewarsaw.com](http://www.explorewarsaw.com).

## CLIMATE & CLOTHING

The weather in Poland in June and July is usually mild and beautiful, but can be very variable. Temperatures will typically range between 18 – 25°C during the day. However, rain or spells of colder weather are always a possibility, so make sure to bring along an umbrella and a warmer jacket. You can check the weather forecast at <http://weather.icm.edu.pl>.

## FOOD

Poles are known for their hospitality and love of food. Traditional Polish cuisine features game, wild mushrooms, freshwater fish and Baltic Sea herring. The most typical dishes include red beet soup – *borsch*, many varieties of sausage – *kielbasa*, and stuffed cabbage – *golabki*. Another favourite are a great variety of dumplings (*pierogi*) that can be filled with meat, cheese, potatoes, berries, sauerkraut and mushrooms, and served boiled, baked, or fried. Sauerkraut is also the main ingredient of the famed *bigos* hunters' stew with meats, spices and mushrooms. A showpiece item on the traditional Polish table is sumptuous marjoram-flavoured roast duck stuffed with apples.

Polish cuisine offers a great variety of cakes – try one of the several kinds of *makowiec* (poppy seed cake), or perhaps a *paczek*, a light sweet doughnut filled with preserved fruit.

## SHOPPING

Most shops are open from 11 a.m. to 7 p.m. Mon - Fri, and until 1 p.m. on Saturdays. Food stores are open from 7 a.m. to 7 p.m., and some may stay open until 10 p.m.

A true Polish speciality are traditional craft handiworks – wood carvings, hand-woven rugs, wickerwork, intricate paper cut-out decorations and paintings on glass that come from various regions of Poland. Other noteworthy artworks include glass and crystal.

One of the most popular souvenirs from Poland is Baltic Sea amber. The stones are fashioned into pendants, rings, bracelets and earrings. Most highly prized is transparent amber with prehistoric insects preserved inside, although such pieces are rare. Poland is also known for its silver jewellery, which also frequently features amber.

## CREDIT CARDS & CURRENCY

The currency unit in Poland is the Polish zloty (zł), which divides into 100 grosz (gr).

The current exchange rate to the euro and the US dollar can be checked at [www.oanda.com/convert/classic](http://www.oanda.com/convert/classic) (choose PLN as the Polish currency code).

Participants may change foreign currency and traveller's cheques at the numerous banks, as well as in exchange bureaus (kantors), at hotels, the railway station, the airport and many other locations in the city. International credit cards are accepted in most hotels, restaurants, ATMs, and shops.

## LIABILITY

The Congress Secretariat and Organizers regret that they cannot accept liability for any personal accidents, loss of belongings or damage to private property of participants, students and accompanying persons, that may occur during the FEBS 2004 Congress. Participants should make their own arrangements with respect to health, travel and property insurance before they depart from their country.

## PASSPORT & VISA INFORMATION

All foreign visitors must possess a passport valid for at least the next 6 months. Some participants may need visas in order to enter Poland. Please check with your local Polish Consulate or Embassy for details regarding visa and entry requirements.

Upon request, the Secretariat of the Congress will send a personal invitation to participate. This invitation is meant only to help visitors raise funds or to obtain a visa, and does not constitute a commitment on the part of the organisers to provide any financial support.

## ELECTRICITY

Electricity supply is 230 V.

## TELEPHONE

You can use public telephones with phone cards which can be obtained at post offices, the airport or railway stations' kiosks and in some hotels.

## LANGUAGE

The official language of the Congress is English. There will be no simultaneous translation.

## PLEASE NOTE

You are advised not to use any taxis other than those of officially registered „radio taxi” companies, at the following phone numbers: 919; 9623; 9622; 9621.

## CONTACT INFORMATION

### **Polish Biochemical Society Secretariat**

The Polish Biochemical Society  
Pasteura No 3, 02-093 Warsaw, Poland

ph.: +48 (22) 822 37 63

fax: +48 (22) 658 20 99

e-mail: [info@febs2004.pl](mailto:info@febs2004.pl)

Contact person: Dr. Adam Szewczyk, Secretary of the Organizing Committee

### **The official congress organizer for FEBS2004 Congress**

Hotel reservation, registration, and participation in excursions are arranged either by Internet through the congress website [www.febs2004.pl](http://www.febs2004.pl) or by mail to:

GROMADA - Polish Tourist Cooperative

Cicha No 7, 00-353 Warsaw, Poland

ph.: +48 (22) 828 67 50 ext.286

fax: +48 (22) 827 01 35

e-mail: [conferences@gromada.pl](mailto:conferences@gromada.pl)

Attn.: Ms. Agnieszka Kazek

### **Contractor for sponsorship and technical exhibition**

MAZURKAS TRAVEL Ltd

Długa No 23/25, 00-238 Warsaw, Poland

ph.: +48 (22) 635 49 46, 831 91 74

fax: +48 (22) 831 91 77

e-mail: [febs2004@mazurkas.com.pl](mailto:febs2004@mazurkas.com.pl)

Attn.: Mr. Tomasz Wróbel

### **Congress Venue**

Congress Center - Hotel Gromada

17-go Stycznia No 32, 02-148 Warsaw, Poland

ph.: +48 (22) 576 46 00

fax +48 (22) 846 15 80

e-mail: [airport@gromada.pl](mailto:airport@gromada.pl)

[www.gromada.pl](http://www.gromada.pl)

## SOCIAL PROGRAMME

*June 26<sup>th</sup> 2004 - 7.30 p.m. (Saturday).*

Concert and Welcome reception at the Congress Hall of the Palace of Culture and Science, 1 Defilad Place, Warsaw.

The concert followed by welcoming reception will take place at the Congress Hall after the Congress opening ceremony (5.00 p.m.). The concert and reception are both included in the registration fee, and all Congress participants, students and registered accompanying persons are invited. Dress: informal.

**Information on other social events will be available on [www.febs2004.pl](http://www.febs2004.pl)**

### TOURS and EXCURSIONS

#### WARSAW's OLD TOWN

**(2-hour evening tour)**

An evening guided walking tour of Warsaw's Old Town. This short tour (lasting about 1.5 hour) features the capital's prime attraction – the Old Town, beautifully restored after II World War and included in the *UNESCO World Heritage List*.

The walking tour will start from the Castle Square, dominated by the **Royal Castle** and King Sigismund's Column. You will also have an opportunity to see the Old Town churches, including the famous 14<sup>th</sup> century St. John's Cathedral, as well as Old Town Market Square, Barbican and New Town area.

**The following rate refers to the above itinerary:**

Price per person: 35 €

The rate includes:

- transportation services by comfortable coach
- professional Gromada guide assistance.



Fot. arch. POT



## SIGHTSEEING of WARSAW and the WILANÓW PALACE

### **Half-day city-rama tour (daily)**

We have the pleasure to invite you to our daily city tour, which includes all the not-to-be-missed Sights of Warsaw:

**Old Town** – the Castle Square, King Sigismund's Column, St. John's Cathedral, the Old Town Market Square, the Barbican (included in the *UNESCO World Heritage List*).

**Historical sights** – the Ghetto Memorial, the Monument of the Warsaw Uprising, the Tomb of the Unknown Soldier, the Grand Theatre, Chopin's Monument, the Belvedere Palace.

**Royal Route** – aristocratic residences and famous statues, the University of Warsaw, historic churches.

**Wilanów Palace** – Warsaw has been the capital of Poland for the last four hundred years. During this time monarchs constructed the beautiful palaces you can admire today. This tour will take you to the interiors of the Wilanów Palace, the Baroque residence of King Jan III Sobieski, the famous conqueror of the Turks at the Battle of Vienna in 1683. He was the most colorful personage of 17<sup>th</sup> century Poland, a great military commander, an accomplished diplomat, and author of beautiful love letters to his wife Marie Casimiere. You will see beautiful interiors from the epoch. On Tuesdays instead of Wilanów the tour features the Łazienki Royal Palace.

### **The following rate refers to the above itinerary:**

Price per person: 35 €

The rate includes:

- transportation services by comfortable coach
- English speaking guide assistance

## FREDERIC CHOPIN CONCERT at the PAINTING GALLERY

### **Evening city-rama tour (every Tuesday, Thursday and Saturday evening)**

It was the genius of Frederic Chopin that made Poland famous in the music world. His mazurkas, etudes, polonaises and scherzos have become a test and measure of any pianist's talent. Your stay in Warsaw gives you an excellent opportunity to sample his music in his native country.

Frederic Chopin Piano Recitals are organized at the former Bank of Poland and Stock Exchange building one of the best examples of Neo-Classicism – designed by Antonio Corrazzi and built between 1825-1829. Currently it houses a collection of European. Concerts are held in dome-covered arcades decorated with European paintings from the Pope John Paul II collection.

**Frederick Chopin**, the most outstanding Polish composer and one of the world's greatest musicians, was born in Żelazowa Wola near Warsaw on 22 February 1810. He authored more than 230 compositions, which are still being played all over the world. He died in Paris on 17 October 1849.

Enjoy an unforgettable evening that can be the highlight of your stay in Warsaw. One of the best pianists from the Warsaw Music Academy will take you on a journey through Chopin's compositions.

**The following rate refers to the above itinerary:**

Price per person: 45 €

The rate includes:

- a two-part piano concert performed by the best pianists
- a glass of champagne during the intermission
- transportation services
- English speaking guide assistance

## In the FOOTSTEPS of FREDERICK CHOPIN

### **Warsaw – Żelazowa Wola – Warsaw (half-day excursion)**



The morning tour features the most important sights in Warsaw and surroundings related to Chopin and his music. Departure to Żelazowa Wola – Frederick Chopin's Birthplace. Visit to Chopin's family manor house, surrounded by a beautiful park. This will be an excellent opportunity to listen to one of the Chopin concerts in Żelazowa Wola. Transfer back to Warsaw. Upon arrival

lunch at a local restaurant. Then visit to the Holly Cross Church, where Chopin's heart is enshrined. The tour will end in the Ostrogski Palace housing Chopin Museum and Frederick Chopin Society.

**The following rate refers to the above itinerary:**

Price per person: 60 €

The rate includes:

- transportation services by comfortable coach
- professional Gromada guide assistance
- lunch at a local restaurant
- entrance fees as indicated in the itinerary

Please note: the excursion will take place if there is minimum of 15 participants for a tour.

## WARSAW OUTSKIRTS, SIGHTSEEING TOURS

This is an individual tour. Recommended starting time; 9.00 -10.00 a.m., to take about 6 hours. The price includes an air-conditioned car, professional guide service and entrance fees.

**Żelazowa Wola** – the birthplace of Frederic Chopin. The manor house, museum and park.

**The Nieborów Palace** – the aristocratic baroque residence of Princess Radziwiłł.

**The Arkadia Village** – a typical romantic garden setting.

**Niepokalanów** – the monastery devoted to St. Maksymilian Kolbe, who sacrificed his life to rescue another prisoner's life in Auschwitz.

### **The following rate refers to the above itinerary:**

Price per person: 50 €

The rate includes:

- Entrance fees
- transportation services
- English speaking guide assistance

## KAZIMIERZ, LUBLIN, MAJDANEK, KOZŁÓWKA

This is an individual tour. Recommended starting time: 9.00 a.m., to take about 8 hours.

**Puławy** – the residence of the aristocratic Lubomirski and Czartoryski families.

**Kazimierz** – small historic town and popular holiday resort. The picturesque place attracts many artists who seek inspiration for their work here. It is known as the pearl of Polish Renaissance.

**Lublin** – Chapel of the Holy Trinity with the Russian Byzantine frescos from 15<sup>th</sup> century.



Fot. arch. POT

**Majdanek** – a major Nazi concentration camp of World War II.

**Kozłówka** – one of the greatest country manor of Central Europe. Kozłówka will delight those who appreciate such ‘rare specialties’ as a unique museum of Socialist realism.

**The following rate refers to the above itinerary:**

Price per person: 45 €

The rate includes:

- transportation services
- English speaking guide assistance
- Entrance fees

Please note: the excursion will take place if there is a minimum of 15 participants for a tour.

## KRAKOW TOURS

### CITY TOUR of KRAKOW

A full-day individual tour. Every morning by first class express train. Recommended departure times: 7.00 a.m. or 9.00 a.m.. Return to Warsaw around 9.00 p.m. – 10.00 p.m. Recommended departure time (from Warsaw) 9.00 a.m. return to Warsaw: around 9.00 p.m.

The Wawel Royal Palace (the former residence of the Piast, Jagiellon and Vasa dynasties; we can admire a unique collation of tapestries owned by King Sigismund August; The Envoy Hall which is also known as the „Heads Hall” is unique in Europe, included in the *UNESCO World Heritage List*).

The Royal Cathedral with its 18 chapels - one of the most venerable churches in Poland a memorial of artistic and patriotic character and monument to the history



Fot. arch. POT

of Polish people. Zymunt's Chapel is the most outstanding Renaissance work of art in Poland.

The Market Square and Cloth Halls, one of the largest squares in Europe, and the old medieval 'general stores'.

St Florian's Gates one of the oldest gates; together with the Barbican it was the splendid Gate of Honour through which the King and the royal entourage used to enter the town.

The Czartoryski Museum – this great collection of features paintings by Italian, Flemish and Dutch masters, including such famous masterpieces as Leonardo da Vinci's „Lady with an Ermine” and Rembrandt's „Landscape with the Good Samaritan”.

The historic Jewish district of Kazimierz, included in the *UNESCO World Heritage List*.

The Old Synagogue – the oldest one in Poland, dating from the early fifteenth century.

**The following rate refers to the above itinerary:**

Price per person: 100 €

The rate includes:

- transportation services (travel to Krakow by first class express train, transfers to hotel – railway station - hotel)
- English speaking guide assistance
- entrance fees

Please note: the excursion will take place if there is a minimum of 15 participants for a tour.

## KRAKOW & AUSCHWITZ

**Warsaw – Krakow – Auschwitz – Warsaw (1-day excursion)**

Recommended departure time from Warsaw 7.00 a.m. Return to Warsaw: around 10.00 p.m.

The tour includes the above program of city tour of Krakow, plus a visit to Auschwitz-Birkenau – the largest Nazi concentration camp of World War II.

**The following rate refers to the above itinerary:**

Price per person: 130 €

The rate includes:

- transportation services (travel to Krakow by first class express train, transfers from/to hotel – railway station - hotel)
- English speaking guide assistance
- entrance fees

Please note: the excursion will take place if there is a minimum of 5 participants for a tour in a particular language.

## KRAKOW & WIELICZKA SALT MINE

### **Warsaw – Krakow – Wieliczka – Warsaw (1-day excursion)**

Recommended departure time (from Warsaw) 7.00 a.m. return to Warsaw: around 10.00 p.m..

The tour includes the above programme of city tour of Krakow, plus visit to the Wieliczka Salt Mine. The 17<sup>th</sup> century mysterious world of salt chapels, chambers, tunnels, salt lakes and figures sculpted in salt and ancient mining installations. Included in the *UNESCO World Heritage List*.

#### **The following rate refers to the above itinerary:**

Price per person: 130 €

The rate includes:

- transportation services (travel to Krakow by first class express train, transfers from/to hotel – railway station - hotel)
- English speaking guide assistance
- entrance fees

Please note: the excursion will take place if there is minimum of 5 participants for a tour.

## KRAKOW & WIELICZKA SALT MINE

### **Warsaw – Krakow – Wieliczka – Warsaw (2-day excursion)**

#### **1<sup>st</sup> day**

07:50 Meeting with Gromada tour-guide at the lobby of Gromada (airport area) Hotel

08:00 Departure by comfortable coach to Krakow

13:00 Lunch at the famous Royal Wierzynek Restaurant

14:30 Half-day guided city tour of the ancient Polish capital. The city tour will feature the legendary Wawel Hill with the Royal Castle and Cathedral, Renaissance Cloth Hall, St. Mary's Church and many other attractions

19:00 Accommodation at centrally located 3-star Cracovia Hotel

20:00 Dinner at the hotel

#### **2<sup>nd</sup> Day**

08:30 Breakfast at the hotel

09:30 Coach transfer to Wieliczka

10:30 Visit to the famous 700-year old Salt Mine, one of the most unique tourist attractions in Europe, included in the *UNESCO World Heritage List*

13:30 Lunch at the Hawelka Restaurant, located in the Old Market Square of Krakow  
In the afternoon, short free time will be an excellent opportunity for shopping

17:00 Departure for Warsaw

21:30 Arrival in Warsaw

**The following rate is based on double room occupancy and refers to the above itinerary:**

Price per person: 230 €

Single room supplement: 35 €

The rate includes:

- 1 overnight at 3-star hotel in Krakow
- transportation services by comfortable coach
- 2 lunches at local restaurants of Krakow
- 1 dinner at the hotel
- assistance of a professional Gromada tour-guide
- local guide services in Krakow and Wieliczka
- entrance fees as indicated in the itinerary
- portorage

Please note:

1. The excursion will take place if there is a minimum of 15 participants for a tour in particular language.
2. The declaration deadline of taking part in the excursion is 30.04.2004.



## LOT Polish Airlines – the Official Airline of the 29<sup>th</sup> FEBS

**LOT Polish Airlines, a company known worldwide, was established almost 75 years ago – on January 1<sup>st</sup>, 1929. In 2002 LOT carried over 3,3 million passengers, successfully competing with other airlines in respect of modern equipment, convenience of connections and the quality of service, especially the catering.**

### **Network and fleet**

The present network of LOT Polish Airlines scheduled flights covers 46 cities in Europe and beyond, plus 12 within Poland.

LOT currently operates a fleet of 5 wide-body B767, 19 single aisle B737, 14 regional jets Embraer 145 and 13 ATRs, offering two-class service (Economy and Business) on most flights.

### **Awards**

High quality of services and professionalism of the LOT's board personnel have been appreciated a number of times. The Polish carrier is the winner of the prize of the British Business Travel World Magazine for the best airlines in Central and Eastern Europe in business class (1996, 1997, 1998 and 1999) as well as of the prize awarded by Business Traveller Monthly for the „Best Eastern European Airline” (1998, 1999, 2000, 2001, 2002); prize of the Reader's Digest: a golden statuette for the Most Trustworthy Brand (2001, 2002, 2003); prize for the „Best Airline Based in Central and Eastern Europe” awarded by OAG, a company belonging to the Reed Business Information Group (2001, 2002, 2003). LOT has also received the Certificate of the Company's Brand from the Institute of the Polish Brand (2000).

For more information visit our web site at [www.lot.com](http://www.lot.com)  
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## Special Travel Offer for Exhibitors, participants and Visitors

LOT Polish Airlines, the officially appointed carrier for the 29<sup>th</sup> FEBS Congress in Warsaw, are offering the following discounted rates for Exhibitors and Participants to the 29<sup>th</sup> FEBS Congress:

- 20 % discount for the passengers travelling in Business Class,
- 15 % discount for the passengers travelling in Economy Class, excluding the special promotional rates.

### **The rules**

1. Discount is applied to fare used, round-trip or one-way;
2. Discount is applied only on LOT operating flights;
3. Tickets are valid from 16<sup>th</sup> of June till 10<sup>th</sup> of July 2004.

### **How to apply for the discounted tickets**

If you wish to take advantage of this excellent offer of LOT Polish Airlines please contact your nearest LOT Polish Airlines office that can be found on the congress website at [www.febs2004.pl](http://www.febs2004.pl) or at [www.lot.com](http://www.lot.com) or travel agent office\* and quote the **Event Code – LOC401**.

**According to the previous experience we recommend to make the reservation via LOT offices.**

In case of making the reservation at the travel offices\* please inform the sales agent that you are the delegate of the 29<sup>th</sup> FEBS Congress.

\*The information about the convention is placed in the different reservation systems under the following addresses:

in Amadeus – GG AIR LO 2 CONFERENCES; in Worldspan - @LO@G;

in Galileo – L@LO/GIGC\*C; in Sabre – Y/SYS/YLO.

***LOT Polish Airlines wish you a pleasant trip!***

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## **IMPORTANT DATES**

<b>Abstracts submission deadline:</b>	<b><i>January 31<sup>st</sup>, 2004</i></b>
<b>Final registration for lower fare payment:</b>	<b><i>February 29<sup>th</sup>, 2004</i></b>
<b>Cancellation of registration</b>	<b><i>May 15<sup>th</sup>, 2004</i></b>
<b>Opening Congress</b>	<b><i>June 26<sup>th</sup>, 2004</i></b>

## **SPECIAL FLIGHT RATES**

In order to benefit from "special congress rates" on LOT Polish Airlines, please contact your nearest LOT Polish Airlines office that can be found on the congress website at [www.febs2004.pl](http://www.febs2004.pl) or at [www.lot.com](http://www.lot.com) and quote the Event Code – LOC401.